



LivingWell

836 Main Street ~ Westbrook, Maine 04092

Fee information pertaining to use of the LivingWell event room:*

The use of the event room includes the use of the common areas (bathroom and waiting/library rooms). The event room can be used for meditation, yoga classes, body-centered therapies, creative and expressive therapies, massage therapy, acupuncture, psychotherapy/counseling groups, educational and training programs. It can be rented by the hour, the week, the month, or the event. LivingWell will provide chairs, meditation cushions, and tea supplies for your event. You will be responsible for setting up, the clean-up, and any additional materials you may need (audio-visual equipment, paper, copies of hand-outs, etc.). Information pertaining to your event (including contact and registration information) will be posted on the LivingWell web-site at www.livingwellcenter.info. You will be responsible for any additional advertising.

Fees:

<i>Ongoing psychotherapy/counseling groups</i> <i>Expressive and creative therapy groups</i> <i>Body-centered therapy groups</i>	} \$25 minimum/ 90 minute session (cost dependent on group size: up to 4, \$25/ 5-8, \$35/ 9-12, \$45)
<i>Yoga and Tai Chi</i>	\$10 minimum/ one hour session (cost dependent on group size: up to 4, \$10/ 5-8, \$15/ 9-12, \$20)
<i>Workshops and one-time seminars</i>	\$25/hr
<i>Non-fee-charging groups, organizations, and events</i>	Donation (please take into consideration the number of participants and number of hours the space is being used; \$ donated will be used to cover expenses involved in maintaining the center)
<i>Meditation groups and retreats</i>	<i>Dana</i> (the Pali word for "generosity") / donation (\$ donated will be used to support spiritual practices and to cover expenses involved in maintaining the center; please take into consideration number of participants and the number of hours space is being used)

**LivingWell is a community of practitioners who share a common philosophy regarding mind/body health and well-being. It is not a corporation, professional organization, or separate legal entity.*